



### Agnus Castus (*Vitex/Chasteberry root*)

This herb is best known as a female hormone balancer, and it helps to regulate the oestrogen and progesterone balance so that progesterone levels are optimum. This in turn reduces any oestrogen dominance that could be stimulating the fibroid growth.

### Milk thistle (*Silymarin marianum*)

This is an important herb for the liver – working to encourage the detoxification process, which can help to excrete excess oestrogen out of the body,

and prevent 'old' oestrogens from recirculating. Oestrogen should be deactivated by the liver and then excreted. If the liver does not work efficiently, there is an accumulation of hormones – what is normally produced during the cycle, plus 'old' oestrogen from other cycles, which have not been excreted.

Other herbs which are helpful to control the bleeding are cranesbill (*Geranium maculatum*), yarrow (*Achillea millefolium*). Shepherd's purse (*Capsella bursa pastoris*) is also an excellent herb for the main symptom of fibroids because it is astringent in nature. **CHW**

© Dr Marilyn Glenville PhD is the UK's leading nutritionist specialising in women's health. Dr Glenville is the Former President of the Food and Health Forum at the Royal Society of Medicine and a registered nutritionist. Dr Glenville is the author of a number of internationally best-selling books including 'Getting Pregnant Faster', 'The Natural Health Bible for Women' and her new book 'Natural Solutions to IBS'. She runs a number of clinics in London, Tunbridge Wells and Dublin. For more in depth information look on Marilyn's website [www.marilynglenville.com](http://www.marilynglenville.com). If you are interested in a consultation you can contact Dr Glenville's clinic on 0870 5329244 or by email: [health@marilynglenville.com](mailto:health@marilynglenville.com) She uses two fertility supplements in her clinics, in order to help women get pregnant and stay pregnant, they are NHP's Fertility Support for Women and Fertility Support for Men and also NHP's Omega 3 Support see [www.naturalhealthpractice.com](http://www.naturalhealthpractice.com) for details.

# Improved health with silicium



neck and results can last up to four months. The injection will not benefit all parts of the body. Drinking Bio- activated Organic silicium liquid and applying the gels will allow the body to naturally generate its own collagen. The cells become plump and hydrated. Skin feels fresh, plump and hydrated. Wrinkles become visibly reduced and in younger people they are delayed. (Barel et al, 2005), (Reffitt, 2003)

**Locomotive effect:** The silicium molecule has the ability to carry other ingredients with it into the depth of the body. This is called "locomotive" property and allows Articulasil/Articulation liquid to penetrate and absorb, for example, Glucosamine, MSM, and Chondrotine into the body. The result is a reduction of inflammation and pain and an increase in mobility.

Applying the silicium gel on the face and neck followed by beauty serums means the serums are carried deep into the cells and activated. (Gueyne, 1962)

**Equilibrium of cells:** Silicium molecules have the ability to rebalance electrical disturbances within cells caused by illness or trauma. Many studies show that silicium considerably reinforces the immune system. (Masse et al, 2002) (Schiano et al, 1979)

Reduces inflammation and pain, increases mobility: The silicium molecule naturally reduces any form of inflammation and prevents future inflammation. This includes post-accident, post-surgery inflammation, arthritis and rheumatoid arthritis. When the inflammation reduces, pain reduces and mobility increases. (GREDECO, 2006/7)



**Improved health of the eyes:** Doctor Eugene Morisot achieved remarkable results by treating eye diseases, particularly senile cataracts

**Silicium allows the human body to generate collagen naturally. This is the most effective, natural way the human body can generate its own collagen.**

**B**io-activated Organic Silicium is able to penetrate the skin to form collagen and elastin. Wrinkles reduce in depth, and skin becomes firm, hydrated and plump. Outstanding and visible results have amazed people.

**Note:** references in parenthesis relate to independent studies carried out by doctors and scientists on the benefits of silicium to human health and ailments.

Bio-activated Organic silicium also combats and reduces pain and inflammation, whether from rheumatoid or osteo-arthritis, injuries or any other source of inflammation.

### How can silicium slow down the ageing process?

In 1960, scientists discovered the benefits of silicium and they tried to reproduce this molecule in pills, lotions and powders; however, none of them were absorbed effectively. Dexsil Laboratories, based in Belgium, produces the

smallest form of silicium molecule in a bio-activated format. By drinking the liquid and applying the gels, the body is able to absorb the silicium molecule much more effectively.

### Benefits of silicium

**Reduces inflammation and pain whilst increasing mobility:** The silicium molecule naturally reduces any form of inflammation and prevents future inflammation. This includes post-accident, post-surgery inflammation, arthritis and rheumatoid arthritis. Silicium molecules reduce and prevent future inflammation aiding the patient's recovery, without drugs.

**Helps osteoporosis, broken veins, weak nails and hair:** The absorption of the silicium molecule allows the body to rebuild bones, nails and strengthens the hair. (Seaborn & Nielsen, 1993), (Carlisle, 1982)

**Wrinkles, dehydration, loose skin:** The body naturally starts to generate collagen after absorbing the silicium molecule. The only other way to insert collagen under the skin is by injection. This is generally done to the face and

and glaucoma, with an infusion of silicium derived from horsetail, a rich source of silicium and one of the raw materials used in the production of the Dexsil-Vitasil products. (Morisot 1930) **CHW**

**17th July 2013. Testimonial From: Dr.C.M. (Retired Dental Surgeon) BDS (U.Lond); LDSRCS (Eng); MBA (SBU.Lond); Dip.HSM; MIHM; CPE (Postgrad Law).**

**Products Used:** Dexsil—Vitasil Articularil Liquid & Gel. **PROBLEMS:** Eyesight issues, joint pain, toe verruca, wrinkles and dehydrated skin

Dear Firouzeh,

I just wanted to let you know that after two years of taking Articularil liquid and noticing the benefits myself, I was convinced that my mother (now 89 years of age) should also try it. Previously, she had been reluctant to take anything new as she has a very delicate constitution and is easily upset by most medications and supplements. She has a complex medical history and amongst other things she suffers from IBS (Irritable Bowel Syndrome). However, about a year ago, I eventually managed to persuade her to try it, and she began taking it occasionally at first then gradually building it up daily as recommended by you (i.e. 3 capfuls a day for the first week to build up the levels, and then maintain with 1 capful daily thereafter). A few months ago, she told me that she has had no upsets or adverse effects

from it whatsoever. These days, she is very enthusiastic and always reminds me to get her a replacement bottle when hers is running low. The interesting thing is that since taking it, not only have her joint pains reduced, but she told me something which was completely unexpected. Since childhood, she has been very short sighted (myopic) and worn thick glasses, but about 35 years ago, she suffered a retinal detachment and in later years, she also suffered from glaucoma. However, about 6 months ago she noticed that she was able to distinguish her living room clock face dial more clearly, whereas previously she could only clearly see the central clock face area. She also told me that when she had a recent eye test, her optician examined her eyes and mentioned that he noticed that her eyesight had improved. My mother still has most of her wits about her, and considering her advanced age, she is quite aware of the world and her condition. I therefore have no reason to believe anything other than the fact that she has genuinely noticed the improvement.

For my own part, since taking Articularil Liquid orally for the last 2 years, I have noticed that the joint pains in my hands, knees and feet have almost completely gone, and that the tone and texture of my skin has also improved. To my surprise, a large painful verruca which I had on the big toe/foot joint for many years went away a few months ago without the need for the laser treatment I was scheduled to have. In itself, that may not sound remarkable because verrucae do

often disappear spontaneously, but my history is that they have never gone away in the past without surgical intervention of some sort.

I realise that my account and that of my mother is anecdotal and subjective, but having had a clinical scientific and practitioner background I have now studied some of the literature on the role of Silicium and in my own mind, there is no doubt that the Dexsil—Vitasil Silicium Articularil Liquid and Gel are superb products and well worth every penny I have spent on them. In fact, I always buy a few extra bottles in case I run out and so that I can give it to my mother, my friends, or other relatives whom I can convince to try it out. All of those to whom I have introduced it have been appreciative and mentioned some benefit.

With my best wishes,  
Dr.C.M. (Retired Dental Surgeon)  
BDS (U.Lond); LDSRCS (Eng); MBA (SBU.Lond);  
Dip.HSM; MIHM; CPE (Postgrad Law).

**Meet Dexsil-Vitasil Distributor in Pharmacy Show at the NEC Birmingham on 29th, 30th Sept 2013 at Dexsil-Vitasil Stand: C88**  
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- ◆ Broken Capillaries, Weak Nails & Teeth
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